



L i t e r a t u r e



To Do Or Not To Do?

by Erin Quigley



Miss Janish's Language Arts Class: A Magazine Article



by Mike Delaney

Once long, long ago there were gobblers on the loose at Lakeside Middle School. The police caught most of them, but one escaped. Rumor has it that some of our own faculty members are gobblers. Gobblers can take the shape of any creature on Earth, they are very deceiving, sneaky, and can live exactly one million years before dying a horrible death. There was a legend that stated three children were taken from LAKESIDE MIDDLE SCHOOL and never returning. But nothing was proven true. Now all of a sudden it seems to be happening again....

(to be continued, so watch out until next time!)

Joe headed the ball down the field to Bob. Bob took the ball out of the air with his chest. After it hit his chest he let it fall to the ground. Then he started dribbling to mid-field. He crossed the ball to Fred, who was playing left wing just as a defender came on to him. Fred took the ball, set it up while dribbling, and shot. It deflected off the keeper, but before the keeper could get the rebound, Bob took it and passes the ball to you at the eighteen yard line. You don't know what to do. You freak out and want to hide. At that moment your mom wakes you up from your dream. She says, "Time for soccer try-outs! Worried about trying out for your soccer team?" Read this article and get ready to play!

The first technique to master is trap a soccer ball. First, thing you need to know about trapping is that you can trap with your head, feet, or chest. Instead of just running up and heading the ball away when you are open try to cushion the ball. In other words, allow the ball to drop to your feet, so you can just pick it up and dribble. Next, when you trap with your head, get underneath the ball. What you must never do while heading is close your eyes because the ball may hit your nose, or you might miss the ball completely. Last, when you trap with your chest, make your chest big so the ball can't bounce away from you. Let the ball bounce off your chest and to the ground before you start kicking it away. Now that you know the basics of trapping you should learn how to shoot.

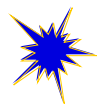
The second technique is how to shoot. First, place your non-kicking foot three inches away from the ball and make it pointed to where you want your shot to go. Keep the non-kicking foot locked while you kick the ball. Next, keep your chest over the ball and look to where you want to shoot. If you do not lean over the ball it shall rise after you strike it. Finally, keep your ankle locked and follow through on your shots. The soccer ball won't go to your target if your ankle isn't locked. To get power on your shots, shoot with your laces. If you kick with the instep and outstep of your foot the ball will start to curve. Now that you know how to shoot and trap you should learn how to take offensive possession from a throw-in.

When you take a throw-in keep both of your hands on the ball. First, place your fingers in the shape of a W. Then bring the ball back behind your head. Next, when you start to throw keep both of your hands straight. Follow through over your head. Finally, keep both of your feet behind the line. Plant your feet firmly on the ground. Do not lift them. Now when you go to try-outs and *do* use these pointers you are almost guaranteed a spot on the team!



Inspirational Poems

by Brenda Aguilar



Rushing round and round always changing,
There's excitement everywhere,
But where there's excitement there's many other things,
Hopefully they're wonderful things improving and changing,
Many things can come along that may ruin them,
Just as well we keep hoping,
That for just one day everything will be peaceful,
And everything will be all right.

Doesn't everyone have goals,
That will eventually get them somewhere?
Those goals may be small to you,
But there comes a time when they'll be precious,
Everyone must think and believe in themselves,
This way you'll know when the time is right,
And you'll appreciate your longings and dreams.

Sometime in everyone's imagination,
You just have to let go and dream,
Dreaming isn't childish you know,
Just because some may think so,
Many people dream,
But they may not show it,
YOU must use your own dreams,
And see what they become.

Staring at the sky,
You may wonder many things,
Sometimes deep in thought,
Or just by chance glancing,
There's a whole world out there,
It seems vast and never ending,
But your choices are too,
And you must decide what becomes of them.